Revision Date 2/2007

## Service Instructions:

Read these instructions and follow them for correct use. These instructions and instructions for other FSA products are available for download at www.fullspeedahead.com

# **Specification**

Model No. / Model Name

o BB Shell

**BB-8060 / MegaExo Bottom Bracket for Team Issue road cranks** 68mm English (BC1.37") or 70mm Italian (M36)

Model No. / Model NameBB Shell

**BB-8000 / MegaExo Bottom Bracket for carbon road cranks** 68mm English (BC1.37") or 70mm Italian (M36)

Model No. / Model NameBB Shell

BB-9000 / MegaExo Bottom Bracket for carbon MTB cranks 68mm / 73mm English (BC1.37"), including E-type

## Compatibility

FSA MegaExo bottom brackets are only compatible with FSA MegaExo cranksets.

Warning: MegaExo BB's are not compatible with non-FSA cranksets.

Check the compatibility chart for MegaExo BB's.

Warning: Specific models of FSA MegaExo cranks require specific models of FSA MegaExo BB's.

Table 1: FSA 2007 Compatibility Chart for Road Double MegaExo Cranks and BB

FSA 2007 Road Double Compatibility Chart: MegaExo Cranks and BB		Chain Line					
		BB Model	MegaExo 8200	MegaExo 8060	MegaExo 8000	MegaExo 6000	MegaExo 4000
BCD	Crank Model	Model No.	BB-8200	BB-8060	BB-8000	BB-6000	BB-4000
Road Double 130mm	K-Force MegaExo SLK MegaExo Team Issue MegaExo Energy MegaExo Gossamer Pro MegaExo Gossamer MegaExo	CK-8000 CK-8680 CK-8060 CK-8080 CK-6021 CK-6020	X X X X X	X X YES X X	YES YES X YES X X X	X X X X YES YES	X X X X
Compact Road Double 110mm	K-Force Light MegaExo K-Force MegaExo SLK MegaExo Team Issue MegaExo Energy MegaExo Goss. Pro MegaExo Gossamer MegaExo Omega MegaExo	CK-8200 CK-C8000 CK-C8680 CK-C8060 CK-C8080 CK-C6021 CK-C6020 CK-C4000	YES X X X X X X X X X X	X X X YES X X X	X YES YES X YES X YES X X X	X X X X X YES YES	X X X X X X X YES

Table 2: FSA 2007 Compatibility Chart for Road Triple MegaExo Cranks and BB

FSA 2007 Road Triple Compatibility Chart:		Chain Line	Road Triple CL 46mm				
MegaExo Cranks and BB		BB Model	MegaExo   MegaExo   MegaExo   1		MegaExo 4000		
BCD	Crank Model	Model No.	BB-8060	BB-8000	BB-6000	BB-4000	
Road	K-Force MegaExo	CK-8000	Χ	YES	X	X	
Triple	SLK MegaExo	CK-8680	X	YES	X	X	
130mm	Team Issue MegaExo	CK-8060	YES	X	X	X	
	Gossamer MegaExo	CK-6020	X	Х	YES	X	
	Omega MegaExo	CK-4000	X	X	X	YES	

## **Compatibility Continued**

Table 3: FSA 2007 Compatibility Chart for MTB MegaExo Cranks and BB

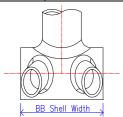
FSA 2007 <u>MTB</u> Compatibility Chart: MegaExo Cranks and BB		Chain Line	MTB Triple CL 50mm (57.5 for 83mm BB)				
		BB Model	MegaExo 9200	MegaExo 9000	MegaExo 7000	MegaExo 7550	MegaExo 1000
BCD	Crank Model	Model No.	BB-9200	BB-9000	BB-7000	BB-7550	BB-1000
	K-Force Light MegaExo	CK-9200	YES	X	Х	X	X
	K-Force MegaExo	CK-9000	X	YES	Χ	X	X
MTB	Team Issue MegaExo	CK-9050	Χ	YES	Χ	X	X
Triple	Afterburner MegaExo	CK-9150	X	X	YES	X	X
104/64mm	V-Drive MegaExo	CK-7050	X	X	YES	X	X
	Moto MegaExo	CK-7150	Χ	X	YES	X	X
	Gamma MegaExo	CK-1150	X	X	X	X	YES
MTB	Gravity MegaExo	CK-9550	Χ	X	X	YES	X
Gravity	Gap MegaExo	CK-7550	Χ	X	X	YES	X
104/64mm	Moto X MegaExo	CK-7160	X	X	YES	X	X

## Installation Notes - BB Shell Check

 Check the BB shell width and threading dimensions to choose the correct BB cups:

Table 4: Bottom Bracket Designation

Туре	BB Shell Type	BB Cup Color	Crank Arm	Center Sleeve
	00 DO 4 07"	D - 1	Carbon	
	68mm x BC 1.37"	Red	Alloy	Alloy
Road	68mm x BC1.37"	Titanium	Carbon	Alloy
rtoad	Oomin x BC1.37	Hamum	Alloy	Plastic
	70mm x M36	Silver	Carbon	Alloy
	7 0111111 X 1VI30	Silvei	Alloy	Plastic
Road	68mm x 1.37"	Black		
19mm	dollill X 1.37	DIACK	Alloy	Plastic
	68mm x BC 1.37"	Red	Carbon	
MTB	73mm x BC 1.37"	Neu	Alloy	Alloy
MIR	68mm x BC1.37"	Brown	Carbon	Alloy
	73mm x BC1.37"	BIOWII	Alloy	Plastic
V.C.D	68mm x BC 1.37"		Alloy	Plastic
MTB Quad	73mm x BC 1.37"	Black	Alloy	Plastic
	83mm x BC 1.37"		Alloy	Plastic
MTB 19mm	68mm x BC 1.37" 73mm x BC 1.37"	Black	Alloy	Plastic



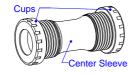


Fig. 1: BB Shell and BB Diagram

- Ensure that the BB shell ends are faced and square and clean from paint.
- BB shell width should be within +0/-1mm of the nominal dimension:

Table 5: BB Tolerance

Table 5: BB Tolerance						
BB Shell	Min.	Max.				
Nominal Size	Dimension	Dimension				
68mm	67mm	68mm				
70mm	69mm	70mm				
73mm	72mm	73mm				
83mm	82mm	83mm				

- Ensure that the BB shell threads are clean from machining chips, dirt, dust, etc.
- Prepare all threaded contacts. (I.e. grease the B.B. shell threads when installing cups, threadlock all bolts, etc.)
- Do not apply grease on MegaExo carbon crank splines. Apply assembly/retaining compound such as Loctite 641 (provided.)
- For MTB cranks check the number of 2.5mm alloy shell spacers required:

Table 6: Alloy Shell Spacers for MTB MegaExo

MTB BB Size	BB mounted derailleur or chain-guide	L. Spacers	R. Spacers
68	no	x1	x2
68E	yes	x1	x1
73	no	x0	x1
73E	yes	x0	x0
83	no	X0	X2
83	yes	X0	X1

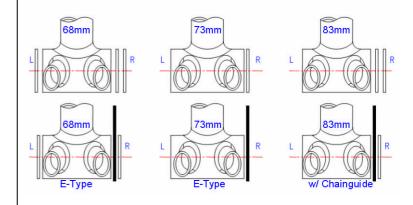


Fig. 2: Alloy Shell Spacer Diagram for MTB MegaExo

# Installation note:

FSA is including the use of Loctite 641 retaining compound for all carbon MegaExo Cranksets. This compound is not a thread compound. It is used on the BB spindle splines and the L. arm splined insert. Loctite 641 is a repairable, non-permanent compound. Clean and re-apply upon repair and re-assembly.

## BB-9000 / MegaExo Bottom Bracket for use with triple chainring carbon MTB cranks

BB-9000 is designed to work with FSA MegaExo carbon MTB cranks. Follow the assembly order in the illustration:

(0) Check the BB Shell as described above.

(1)(2)(3) Install the R. bearing cup, alloy middle spacer and the required alloy shell spacers (See Figure 2). Tighten cup to 400-500 kgf-cm / 39~49 N-m / 29~36 ft-lbs. (Use FSA MegaExo cup tool part no. E0139)

(4) Ensure the alloy center sleeve is in place inside the alloy middle spacer.

(5)(6)(7) Install the L. bearing cups, rubber shell spacer and alloy shell spacers. Tighten cup to 400~500 kgf-cm / 39~49 N-m / 29~36 ft-lbs.

(8)(9) Check that the O-ring is fully installed onto the axle of the R. crank from the factory. Gently and completely insert the R. crank

through the BB cups. Take great care not to damage the plastic cover of left BB cup. Use a light layer of grease on the bearing covers if necessary.

(0)

(10) Install O-Ring on L. side of axle.

(9)(11) Clean the spindle splines and L. arm splined insert with acetone or similar cleaning agent. Apply Loctite 641 assembly compound evenly to the spindle splines and L. arm insert. (See above installation note.)

(12.1) Loctite 242 (blue) compound is pre-applied to the M18 fixing screw. Upon re-installation, or if the compound is not present, apply Loctite 242 or similar compound to the fixing screw threads. Install the L. crank arm onto the axle. Tighten the fixing screw to 450~550 kgf-cm.

(13.1)(13.2) Install the M27 QR nut and washer in to the L. arm (Use FSA tool no. EE023.) To remove L. crank arm, simply unscrew the M18 fixing screw

# BB-8000/8060 / MegaExo Bottom Bracket for use with double or triple chainring carbon road cranks

BB-8000/8060 are designed to work with FSA MegaExo carbon road cranks. Follow the assembly order in the illustration:

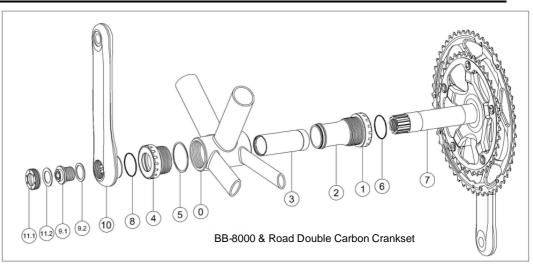
(0) Check the BB Shell as described above.

(1)(2) Install the R. bearing cup and alloy middle spacer. Tighten cup to 400~500 kgf-cm / 39~49 N-m / 29~36 ft-lbs. (Use FSA MegaExo cup tool #E0139.)

(3) Ensure the alloy center sleeve is in place inside the alloy middle spacer.

(4)(5) Install the L. bearing cups and rubber shell spacer.
Tighten to 400~500 kgf-cm / 39~49 N-m / 29~36 ft-lbs.

(6)(7) Check that the O-ring is fully installed onto the axle of the R. crank from the



3

BB-9000 & MTB

Triple Carbon Crankset

8

factory. Gently and completely insert the R. crank through the BB cups. Take great care not to damage the plastic cover of left BB cup. Use a light layer of grease on the bearing covers if necessary.

(8) Install O-Ring on L. side of axle.

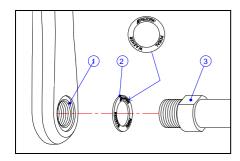
(7)(9) Clean the spindle splines and L. arm splined insert with acetone or similar cleaning agent. Apply Loctite 641 assembly compound evenly to the spindle splines and L. arm insert. (See above installation note.)

(9)(10) Loctite 242 (blue) compound is pre-applied to the M18 fixing screw. Upon re-installation, or if the compound is not present, apply Loctite 242 or similar compound to the fixing screw threads. Install the L. crank arm onto the axle. Tighten the fixing screw to 450~550 kgf-cm.

(11.1,2) Install the M27 QR nut and washer in to the L. arm (Use FSA tool no. EE023.) To remove L. crank arm, simply unscrew the M18 fixing screw.

#### **Pedal Installation**

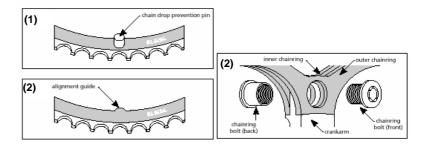
- (1) Grease pedal threads.
- (2) (Carbon cranks only) Install the pedal washer between the pedal and the crankarm.
- (3) Torque pedals to 300~350kgf-cm / 29~34 N-m / 22~25 ft-lbs.



Warning: FSA does not recommend the use of pedal extenders.

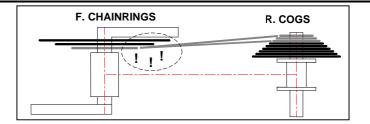
#### **Chainring Assembly**

- (1) With the FSA Logos and printed surface facing out, position the larger chainring so that the chain drop prevention pin is located behind the crank arm. For cranks with bashguards instead of outer chainrings, assemble with FSA Logos facing out.
- (2) With the FSA Logos and printed surface facing out, position the inner chainring so that the alignment guide is located behind the crank arm. Use the same installation procedure for the third chainring on a triple crankset.
- (3) Apply grease to the chainring bolt threads and surfaces where they contact the crank arm and chainrings. Fasten the chainrings to the crankarm using the T-30 chainring bolts to a torque of 120 kgf-cm / 12 N-m / 104 in-lbs.



## Inner Chainring - Small-Cog Chain Angle

- When the chain is on the inner chainring and the small cogs of the rear cassette, it may contact the larger ring(s) and make noise.
- It is not recommended to use the chain at this extreme combination of chaining and cog.



## Maintenance

Inspect your FSA cranks and bottom brackets for straightness, cracks, deep scratches and gouges, or damage before each ride. If any of the preceding conditions are present, do not use your FSA cranks or bottom bracket until they have been replaced.

It is the product user's responsibility to examine the product on a regular basis to determine the need for service or replacement. Cyclist should inspect their bicycle and parts on a regular basis in order to detect damage that may have occurred from normal use and abuse. Check all parts for damage and wear before every use. Check all screws periodically for tightness. Do not over-tighten. Periodically re-grease all screws.

WARNING: In the event of a bicycle accident, all parts should be thoroughly examined by a qualified bicycle mechanic, and any damaged FSA parts replaced. Do not attempt to straighten bent cranks, they must be replaced.

All damaged parts should be repaired or replaced by a qualified bicycle mechanic before the bicycle is used again. Continuing to use damaged parts may lead to loss of control of the bicycle and cause injury or death.

## Warranty

**Bottom Brackets:** Full Speed Ahead MegaExo, Isis Drive and square taper bottom brackets are guaranteed against defects in materials and workmanship or bearing failure for two years from date of purchase.

Cranksets: All Full Speed Ahead alloy and carbon fiber crank arms are guaranteed against defects in materials and workmanship or breakage for two years from date of purchase.

Chainrings, spiders and bolts are guaranteed against defects in materials and workmanship for two years from date of purchase LIMITS OF WARRANTY: At its sole discretion, FSA agrees to repair or replace products deemed by FSA to be defective. NOT COVERED UNDER WARRANTY:

- 1. Products that have been modified neglected or poorly maintained.
- 2. Products that have been used in competition, stunt riding, or for commercial use.
- 3. Products that have been improperly installed, maintained, or repaired.
- 4. Damage from causes other than defects in materials and workmanship such as a user's lack of skill, competence or experience.
- 5. The finish or aesthetics of the product.
- 6. Normal wear to the product.
- 7. Any labor cost associated with the removal, replacement or reassembly of the product.

## WARRANTY SERVICE:

To obtain service under this warranty, original purchaser must send their FSA product with (i) the proper RETURN AUTHORIZATION, and (ii) the retailer's original bill, your charge or credit card receipt or other satisfactory proof of date of purchase of the product to:

-In the U.S.A.: Full Speed Ahead Headquarters

-Outside of U.S.A.: the FSA distributor in your country of residence. Check <a href="http://www.fullspeedahead.com">http://www.fullspeedahead.com</a> for the complete list of distributors.

Any postage, insurance, shipping costs incurred in sending your product for service are the product owner's responsibility.

Visit <a href="http://www.fullspeedahead.com">http://www.fullspeedahead.com</a> for specific warranty return instructions.

## Contact

Full Speed Ahead – USA, 12810 NE 178th St. #102, Woodinville, WA 98072, U.S.A.

www.fullspeedahead.com 1-425-488-8653

Full Speed Ahead - Europe, Via Del Lavoro 56, 20040 Busnago, Milano Italy

www.fullspeedahead.com 39 039 688 5625